

Get Your Pre-Holiday Shine with a 14-day detox!

During the Conscious Cleanse you'll eat real food, learn what foods work best in your body and get the results to look and feel your best!



Cleanse starts November 1, 2014

Registration closes Monday October 27

Sign up online today at
morninggloryyoga.com/conscious-cleanse

\$199 Investment

THE CONSCIOUS CLEANSE INCLUDES

- Six Live Info Teleseminars
- Recipe Guide and Shopping List
- Downloadable Cleanse Manual
- Daily Emails and Personal Support
- Online Community Forum
- Conscious Cleanse Book

BENEFITS OF THE CONSCIOUS CLEANSE

- Get fit, healthy and happy
- Get the glow
- Boost energy
- Ditch diets for good
- Spot trigger foods
- Tame cravings

Meet Your Coaches

"These girls are the real deal. Their passionate approach to health, wellness, and weight loss is inspiring. The Conscious Cleanse is a program I highly recommend to anyone who wants to both feel and look better."

- **Bobbi Brown**, founder and chief creative officer,
Bobbi Brown Cosmetics, beauty editor, TODAY

